



HOW TO LAUNCH

A GRIEF SUPPORT GROUP IN THE LOCAL CHURCH

If your church is seeking to provide grief support in your local church, let's get ready to LAUNCH.

The impact of grief and how to help through group sessions

Grief is universal and every church will experience grief. Moments of grief occur in everyone's life. The death of a parent, partner, or especially of a child, can cause almost unbearable emotional pain, and knowing how to cope with that grief is important for ensuring that the emotional distress doesn't lead to depression or cause deeper psychological damage.

Grief can be caused by a variety of life events, including:

- Death of a parent, spouse, or close friend
- Death of a baby, through miscarriage or other causes
- The end of an important relationship
- Job loss, injury, or other traumatic changes in lifestyle.

Benefits to those who are grieving through support groups

- Including grief support as part of your Ministry's program will transform lives impacted by pain and loss.
- Launching a grief support group will enable your church to offer ongoing weekly, bi-weekly, or monthly support for those who have experienced loss.

START YOUR LAUNCH SUPPORT GROUP TODAY!

Go to RCCTHEWELL.COM/LAUNCH or contact Deborah White at 803-772-7015.